

**BETTER MONITOR**

# ACTIVITY

## iHealth® FLOW Activity Tracker



### FLOW ACTIVITY TRACKER

#### FEATURES

- Heart Rate
- Step Count
- Sleep Monitor
- Long Sitting Reminder
- Distance Travelled
- Trend View
- Sports Mode
- Blood Oxygen
- Notifications

#### Wireless Heart Rate, Blood Oxygen, Activity and Sleep Tracker

1. iHealth Flow can record whole day's exercise data, including steps kilometres, calories burned, activity minutes, and sync to App. You can check the data for the day and the latest week.
2. We know that you want to run a "special shape" to improve the fun of running, check the running route map, calories burned and variation curve of heart rate.
3. Comprehensive analysis of sleep time, sleep depth, awake sleep etc. help to guide and improve your sleep quality. Take care of your sleep and give you a good night.
4. iHealth Smart Watch can track the real-time heart rate in 24 hours. You can check all-day curve of dynamic heart rate. It can be set up to work automatically or manually as per your needs.
5. Sitting too long? Reminding you to move when you sit too long. Automatically monitor your personal habit of lifting.
6. The bracelet will remind you when new messages are coming by vibrating, easily view the messages on the bracelet.
7. We can track your blood oxygen level through PPG pulse wave volume method, and you can use it for single measurement or timed automatic measurement.
8. Compatible with iOS and Android.

\*\*iHealth app tracks data for iHealth's blood pressure monitors, body analysis scales, pulse oximeters and activity trackers.

#### SPECIFICATIONS

Model: AM6  
Colour: Grey  
Case Size: 47mm  
Strap Length: 145-230cm  
Strap Material: Silica Gel  
Input Voltage: 5V=1A  
Battery Capacity: 300mAh  
Battery Type: Lithium  
Operating Temperature: 5-45°C  
In the box: (1) Watch, (1) USB Charger, (1) Quick Start Guide.

\*\*\* FLOW is not registered as a medical device.

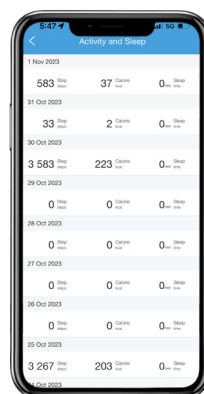
#### CONNECTIVITY

- BLE
- App/SDK/Cloud
- iPad/iPhone/Android

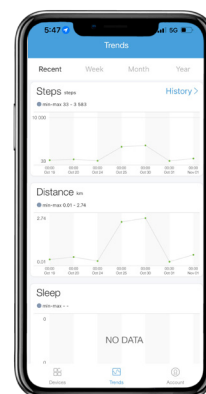
#### TECHNICAL ASPECTS

- Power and Battery (Rechargeable)
- Low Battery Reminder
- Waterproof
- 1 Year Warranty

#### Activity



#### Trends



iHealth MyVitals  
FREE APP



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